



## COACHING ASSESSMENT

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| <b>Workshop Title</b>  | Coaching Assessment | <b>Workshop Duration</b>   | Three people per hour times the number of participants |
| <b>Purpose of Session</b>  |                     | <b>Learning Outcomes</b>   |  |
| To assess the level of understanding of each volunteer coach in a practical setting  |                     | By the end of this session the participants should:<br>1. Have demonstrated an understanding of the content, methodology and modeling behavior |  |
| <b>Materials Required:</b>   |                     |  |  |
| Practical Workbook<br>Coach Assessment Sheet<br>Cones<br>Scrimmage Vests<br>Soccer Balls<br>Portable Goals<br>Corner Flags<br>Clip Board & Pen |                     |  |  |
| <b>Techniques and Organization of Groups:</b>  |                     |  |  |
| Outdoor Assessment   |                     |  |  |

| Time                               | Facilitator Notes   | Organization        | Resources   |
|------------------------------------|---|---------------------|---|
| <u>00.00</u><br>to<br><u>00.20</u> | <u>Activity 1</u><br><ul style="list-style-type: none"> <li>Select an activity from the practical workbook or an activity of choice from the Program Helps guide. Each coach assessment lasts for 20 minutes and includes 10 minutes to develop the main activity, 5 minutes to develop key coaching points in a small-sided scrimmage game and 5 minutes for review and assessment. Other participants serve as players</li> </ul> |                     | Practical Workbook  |
| <u>00.20</u><br>to<br><u>00.30</u> | <u>Activity 2</u><br><ul style="list-style-type: none"> <li>Organize the group, develop the activity and introduce key coaching points</li> </ul>   | See Game Page notes | Cones<br>Scrimmage Vests<br>Soccer Balls<br>Portable Goals<br>Corner Flags<br>Clip Board<br>Pen |
| <u>00.30</u><br>to<br><u>00.35</u> | <u>Activity 3</u><br><ul style="list-style-type: none"> <li>Develop the key coaching points in a small-sided scrimmage game</li> </ul>  |                     | Scrimmage Game Rules in Program Helps   |
| <u>00.35</u><br>to<br><u>00.38</u> | <u>Activity 4</u><br><ul style="list-style-type: none"> <li>Participants assess the session using the format provided in the Coach Assessment Sheet</li> </ul>  | Small Group         | Coach Assessment Sheet  |
| <u>00.38</u><br>to<br><u>00.40</u> | <u>Activity 5</u><br>Lead Coach assesses the session using the format provided in the Coach Assessment Sheet  | Lead Coach          | Coach Assessment Sheet  |
| <u>00.40</u><br>to <u>1.00</u>     | <u>Activity 6</u><br><ul style="list-style-type: none"> <li>Repeat for other coaches</li> </ul>   |                     |   |



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| <b>Assessment</b>          |
| •                          |
| <b>References:</b>         |
| •                          |
| <b>Additional Reading:</b> |
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| <b>Facilitators Notes</b>  |
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